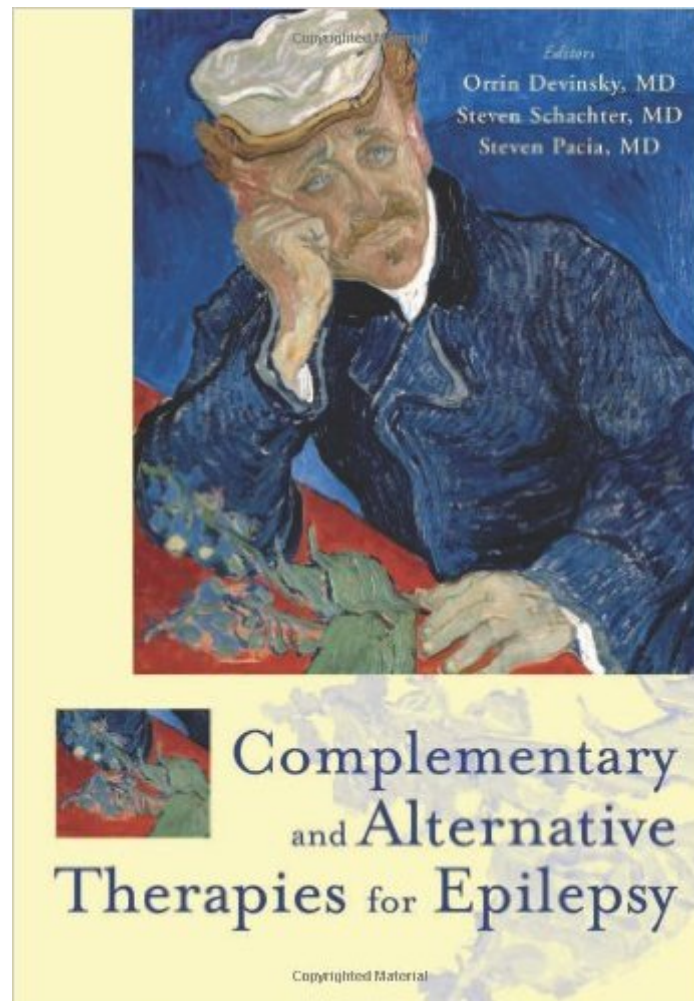


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# Complementary And Alternative Therapies For Epilepsy



## Synopsis

"Epilepsy is a difficult illness to control up to 35% of patients do not respond fully to traditional medical treatments. For this reason, many sufferers choose to rely on or incorporate complementary and alternative medicine (CAM) into their treatment regimens. Written for physicians, knowledgeable laypersons, and other professionals, *Complementary and Alternative Therapies for Epilepsy* bridges the worlds of traditional medicine and CAM to foster a broader perspective of healthcare for patients. The book respects cultural differences that may incorporate alternative medicine into a medical management program, and encourages patients to safely continue receiving necessary medical treatments. Wherever possible, scientific evidence supports the choice of treatment modalities, as well as the effectiveness of a combined traditional and CAM approach. Readers will find incisive discussions in sections on: Learning to Reduce Seizures Asian, Herbal and Homeopathic Therapies Nutritional Therapies Alternative Medical Therapies Oxygen Therapies Manipulation and Osteopathic Therapies Music, Art, and Pet Therapies From stress and epilepsy, to acupuncture, massage, craniosacral therapies, homeopathy, ketogenic diets, aromatherapy, hypnosis, and more, the book is all-inclusive and enlightening. Additional commentary by the editors provides a critical vantage point from which to interpret the data and viewpoints of the contributors, all experts in the therapies presented. This balanced, scientific approach will appeal to even those most skeptical of alternative therapies, making the book essential for every professional who seeks to provide the broadest range of effective patient care."

## Book Information

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## Customer Reviews

I am a physician with a personal interest in epilepsy. To read about complementary and alternative therapies for epilepsy in a medical text that is edited by recognized experts has been a real joy. They have done us all a great service by presenting the information in a respectful but scientifically critical manner. This book should be on every neurologist's shelf. It should also be on the shelf of all other physician practitioners that treat epilepsy. Drs. Devinsky, Schachter and Pacia have produced a work that is long overdue. Treating epilepsy can be frustrating since traditional medicine is not always successful in delivering the ideal result (no seizures and no side effects). Patients in desperation are looking for something that will work. Some patients may just want another option because of any one of a number of reasons including fear of potential long-term side effects of medications, or because they harbor a general mistrust of modern medicine for example. With the advent of the Internet, patients and their families are discovering that there are options available which their physicians have not told them about. Some of the options may have merit and some may not. Most patients do not have the medical sophistication to tell the difference. Many doctors do not have the time or the interest to find out. The problem is that when patients go to their physicians with their new-found knowledge, and they are met with total ignorance, indifference or worse yet, arrogance, the physicians immediately lose credibility with their patients.

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